

## Setting Up A Study Space In Your Dorm Room



When living in a dorm it can be hard find a space to set aside for studying. The rooms are small and more than likely you have a roommate. While a television, mini refrigerator and video game system make your room feel like home, setting up a study area will be invaluable for keeping your grades up.

### Creating your study space

Finding a balance between comfort and keeping focused on your studies is important. Your bed is comfortable, but often leads to more napping than studying. Ergonomic furniture is designed for your health and comfort. Having a desk that is the right height and a chair that can adjust to the right height and support will cause less stress on your body. Also make sure that you have the proper amount of lighting, because improper lighting can cause headaches if too bright or may cause stress on your eyes if too dim.

### Having all the supplies you need

Stock your study area with all tools you need to keep things moving with no interruptions. Make sure you have a storage space to store all your materials, like a desk drawer or shoe sized box, or else your work surface will become cluttered and you can waste more time searching for something than working on it. Also make sure that the supplies you use are easily accessible. This keeps you on task and stops you from wasting time having to constantly get up. Make sure you have a well stocked supply of all the materials you need. Keeping computer and notebook paper in stacking trays on your desk or nearby helps make sure you know when supplies are running low.

### Keeping track of all your class work

Keeping track off all your classes and what is due is hard enough, but keeping all your papers and assignments in one pile only heaps on to the problem. Keep each class in a separate folder so you are not constantly wasting time thumbing through a pile of papers looking for a specific class assignment. Smead's Colored File Pockets with matching SuperTab folders help you keep classes and projects organized and at your fingertips. Prioritizing your folders makes sure you are not falling behind or missing any important deadlines, helps you monitor your time



accordingly, and keeps you on schedule. While it is important to keep your old papers for reference, it does lead to clutter, so make sure you keep previous class work separate from your current assignments. Lastly, an academic calendar is a great way of keeping your college life and personal life organized and in sync. Time is everything in college and making the most of it makes for a great college experience.

